



WWW.SOUNDSLEEPHEALTH.COM

# Home Sleep Test Referral Form

### Patient Information

Name (Last, First, MI) \_\_\_\_\_ Date \_\_\_\_\_

Phone (\_\_\_\_) \_\_\_\_\_ Date of Birth \_\_\_\_ / \_\_\_\_ / \_\_\_\_

### Ordering Physician (please print):

Name \_\_\_\_\_ Phone \_\_\_\_\_

*I the undersigned certify that by signing below that I am ordering Home Sleep Test for the patient listed above. I certify that this order is not for screening purposes for a asymptomatic patient. I also understand Medicare coverage guidelines require a face to face clinical evaluation for sign/symptoms of Obstructive Sleep Apnea to be documented in the patient's medical record prior to a home sleep test.*

Physician Signature \_\_\_\_\_ Date \_\_\_\_\_

### G.A.S.P. QUESTIONNAIRE

Yes No Not Sure

Have you been told (or noticed on your own) that you snore on most nights?

Have you been told (or noticed on your own) that you stop breathing or struggle to breathe in your sleep?

Are you tired, fatigued or sleepy on most days?

Do you have acid indigestion or high blood pressure (or use medication to control either of these conditions)?

Are you overweight?

MEDICAL STAFF WILL FILL THIS PART OUT:

+  = 

0	1	2	3	4	5
---	---	---	---	---	---

**Fax Form to Sound Sleep Health:**

**Kirkland - 425.636.2401 or Northgate – 206.367.4399**

Questions? 877.506.REST (7378) [www.soundsleephealth.com](http://www.soundsleephealth.com)